

# The ICENI Centre

## Nurses Essential Surgical and Laparoscopic Skills Level 1 Course

Wednesday 17<sup>th</sup> July 2019 1.30-4.30pm

Course Leader – Mr Adam Howard

Time	Activity	Time	Activity
1.30-1.40	Registration and Introduction to Course: Reception area		
1.40	<b>Group 1: Seminar Rm 2 (Open Sx)</b> Suturing: Interrupted	1.40	<b>Group 2: Skills Lab (Laparoscopic)</b> Introduction – Concept/instrument handling/demo – Adam Howard
1.55	Mattress#	1.50	Sugar cube stacking
2.10	subcuticular	2.00	Polo mints and string
		2.10	Matchsticks and box
2.25	Knot Tying	2.20	Laparoscopic Knot tying and suturing
2.40	Local Anaesthetic Infiltration		
3.00	Switch Over Sessions		
3.15	<b>Group 2: Seminar Rm 2 (Open)</b> Suturing:	3.15	<b>Group 1: Skills Lab (Laparoscopic)</b> Introduction – Concept/instrument handling/demo – Adam Howard
3.30	Interrupted	3.25	Sugar cube stacking
3.45	Mattress#	3.35	Polo mints and string
	subcuticular	3.45	Matchsticks and box
4.00	Knot Tying	3.55	Laparoscopic Knot tying and suturing
4.15	Local Anaesthetic Infiltration		
4.20-4.30pm	Debrief: Q&A		