



**MEDICAL™**  
TECHNOLOGIES

The **ICENI** Centre

**NHS**  
East Suffolk and  
North Essex  
NHS Foundation Trust



Royal College  
of Surgeons  
ADVANCING SURGICAL CARE

## COMPLEX ABDOMINAL WALL REPAIR COURSE 2021 Dates TBC

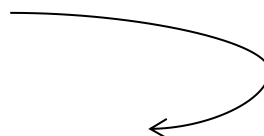
*Hotel check in available from 3pm – Atlantic Hotel, New St, Chelmsford CM1 1PP*

### Programme

**Day 1: Room MED114 Seminar room, School of Medicine, Anglia Ruskin University, Bishop Hall Ln, Chelmsford CM1 1SQ**

12.30	Faculty arrival and brief	
<b>13.00</b>	<b>Start day with lunch for faculty and delegates</b>	
13.45	Welcome, House-keeping, Course Structure, Objectives	Toby Hammond
	<b>Lecture Session 1 Pre-operative planning</b>	
14.00	Clinical assessment & pre-operative considerations	David Bennett
14.20	CT interpretation & pre-operative planning	?
14.40	Planning the skin incisions & need for an abdominoplasty – how I do it	Naguib El-Muttardi <b>(needs moving to day 2)</b>
15.00	What mesh shall I use, whether & how to fix in place?	David Messenger
<b>15.30</b>	<b>Tea/Coffee Break</b>	
16:00	Anaesthetic considerations – Pre-op assessment, deep muscle relaxation, and epidurals	Harsha Lakshman
16:30	Drains, abdominal binders & post-operative care. Our practice	Naguib El-Muttardi <b>(needs moving to day 2)</b>
	<b>Lecture Session 2 Putting it all together</b>	
16.50	MDT discussion – 3 cases (20mins per case)	
<b>17.50</b>	<b>Close</b>	
19.30	Course Dinner at Cote Brasserie Restaurant	

**Please see overleaf for Day 2**





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## COMPLEX ABDOMINAL WALL REPAIR COURSE 25<sup>th</sup> & 26<sup>th</sup> March 2020

### Programme

Day 2: MED114 Seminar room & Dissection Room, School of Medicine, Anglia Ruskin University,  
Bishop Hall Ln, Chelmsford, CM1 1SQ

*(please bring comfortable footwear, shoe covers will be provided)*

#### Dissection Room Cadaver Session 1

- 09.00 Welcome, Housekeeping and laboratory introduction
- 09.05 Surgical anatomy of the abdominal wall for AWR ?
- 09.20 Rives-Stoppa incisional hernia repair – operative steps introduction
- 10.00 Rives-Stoppa incisional hernia repair – practical session 1

11.00 Tea/Coffee Break

#### Dissection Room Cadaver Session 2

- 11.30 Posterior component separation – operative steps introduction
- 11.45 Posterior component separation – practical session 2

12.30 Lunch

#### Dissection Room Cadaver Session 3

- 13.30 Anterior component separation – operative steps introduction
- 13.45 Anterior component separation – practical session 3
- 14.30 Adjuncts to AWR – Botox, pneumoperitoneum & tissue expanders ?

14.50 Tea/Coffee Break

#### Clinical cases and discussion

- 15.00 Q&A session – Delegates to faculty
- 15.30 Feedback and certificates

15.45 Close