

The ICENI Centre

Basic Shoulder Arthroscopy Course Wednesday 13 November 2019

**Course Leader – Jeremy Stanton, Matthew Hynes &
Satya Annapureddy**

Programme

- 08.30 - 0900 Registration and coffee.
- 0900 – 0910 Welcome and course objectives
- 0910 – 0930 Debate: Beach chair v Lateral decubitus position, complications
- 0930 – 0945 Portal placement, arthroscopic shoulder assessment
- 0945 – 1000 Arthroscopic knot tying v knotless anchors
- 1000 – 1015 Sub-acromial decompression and rotator cuff repair
- 1015 – 1030 Frozen shoulder release
- 1030 – 1045 Arthroscopic stabilisation
- 1045 – 1100 Complications of shoulder arthroscopy
- 1100 – 1115 Coffee
- 1115 – 1245 Practical work with Alex shoulder models, knot tying practice.
Simulated cuff repairs and Bankart's repair
- 1245 – 1330 Lunch**
- 1330 – 1630 Live surgery
Arthroscopic assessment of shoulder
and sub-acromial decompression/cuff repair
MUA and arthroscopic capsular release for frozen
shoulder/subacromial decompression
Moderator
- 1630-1700 Discussion
- 1700 Close