

# ICENI Centre News

2021  
Issue 4



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## Welcome to The ICENI Centre News!

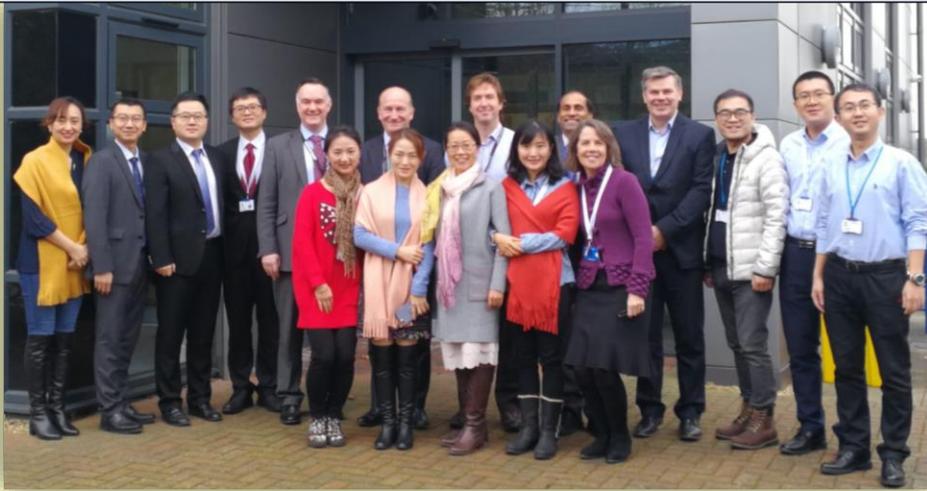
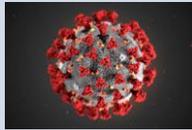
2020 was an extraordinary year!

Covid-19 stopped our traditional physical courses from March onwards BUT here at the ICENI Centre we were determined to 'Stay Calm and Carry On'.

In fact, we were busier than ever building on our vision to offer tailored educational/training experiences. We took the opportunity to work on upgrading our simulation suite with 'state of the art' augmented and virtual reality simulation training equipment and have expanded the range of specialisms using the Centre. Read more on page 4



## 3 months before



## Clinical Attachments

Little did we know what lay ahead when 9 Doctors from Ningxia, China successfully completed their 3 month clinical attachment and returned to China in January!

Whilst in the UK, the clinicians had the chance to observe operations, attend multi-disciplinary team meetings and gain an understanding of the structure and workings of the NHS. Dr Shi Lei said 'We are very grateful for this opportunity to learn and share best practice when we are back in China'.

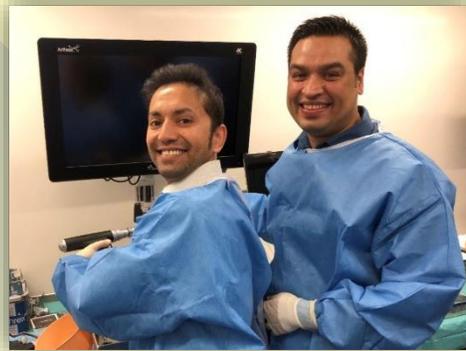
'Impressive' stated spinal surgeon Xuehua Zhan when asked of his experience.

Two doctors, in orthopaedics and pathology respectively, are completing their GMC registration to return as fellows in 2021. A second cohort of 8 doctors will attend ESNEFT in the summer of 2021

## Cadaveric Van

In partnership with surgical equipment manufacturer, Arthrex, ESNEFT trauma & orthopaedic surgeons, registrars and regional trainees were able to enhance their skills and knowledge in an advanced training workshop.

The mobile lab enabled them to experience a real feel for human tissue and anatomy, perfecting their ability to operate in a safe and secure environment before they took the techniques they've learnt to theatres.



Pictured above left: Consultant knee surgeon Dr Mabs Alam with Trauma and Orthopaedic registrar Vishal Kumar



Pictured above right: The Arthrex mobile lab parked outside The ICENI Centre

## Schools Science Masterclass

For the second year running the ICENI Centre welcomed 28 year 9 students from across the county to experience a number of specialties and roles within the healthcare sector.

With hands-on experience, a visit to theatre and an insight into the life of a professional from anaesthetics and surgery to the scrub nurse and the radiologist, the students returned each week and were rewarded with a certificate and the chance to win a tutoring session with Lead educator Wendy Hobbs (pictured) and a place on our Medical Careers Day.





Royal College  
of Surgeons  
ADVANCING SURGICAL CARE

The **ICENI** Centre  
Accredited by the Royal College of Surgeons of England



East Suffolk and  
North Essex  
NHS Foundation Trust

## Online - Controversies in rectal cancer

**Topics include:**

- Patient factors that affect rectal cancer management
- Tumour factors that affect rectal cancer management
- Organ preservation
- Metastatic disease
- Clinical team-working
- Survivorship
- MDT discussions



**Faculty**

Tan Arulampalam  
Darren Boone  
Gina Brown  
Ian Daniels  
Farhat Din  
Hugo Ford  
Bruce Fox  
Najib Haboubi  
Jim Khan  
James Kinross  
Roger Motson  
Myrddin Rees  
Amen Sibtain  
Fraser Smith  
Alex Stewart  
Claire Taylor  
Anna Wordley  
Greg Wynn

[www.icenicentre.org](http://www.icenicentre.org)

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**STORZ**  
KARL STORZ – ENDOSKOPE



**LM**  
LONDON METROPOLITAN



**Fisher & Paykel**  
HEALTHCARE

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## Controversies in Rectal Cancer Series

The ICENI Centre was ahead of the game yet again, when in January 2020 (pre-Covid) we delivered the ICENI Centre’s highly acclaimed Controversies in Rectal Cancer - but not as you know it.

We took the content online to reach a global audience with lectures, expert comment and our renowned MDT panel discussions. They were available to watch in 6 FREE TO VIEW broadcasts, released monthly, to provide clinicians involved in multidisciplinary care of patients with Rectal Cancer the same valuable educational experience that we always aim to deliver.

Over the course of the series, we extended the reach of the ICENI Centre brand of training to countries such as South Africa to Colombia and received positive feedback on the many advantages of virtual learning: “The online broadcast is advantageous to me since I have a busy schedule and am unable to find time for conferences. I have limited study leave as well.”

The Covid-19 pandemic witnessed a growth in virtual training and the ICENI Centre plans to expand our Controversies Series into other disciplines. So watch this space.....

For links to the broadcast visit our website [www.icenicentre.org](http://www.icenicentre.org) and join in on the debates by following our hashtag on Twitter #ICENIcolorectal



## Augmented and Virtual Reality Simulation Equipment



Pictured in Consultant Greg Wynn with an Inovus box trainer to take away for practice at home

The world of education is undergoing a transformation, with training equipment, methods of teaching and online technology changing at pace. Coupled with events of 2020 that created a perfect storm - Covid-19 and the subsequent loss of valuable training for clinicians - the buzz phrase has become 'blended learning'. In 2021, The ICENI Centre is well placed to meet the growing demand for tailored learning in this training revolution.

The Centre's first step, during the pandemic, was to upgrade our simulation suite with over £300k of augmented and virtual reality simulation equipment.

The centre is one of only a few in the UK to have a simulation suite equipped with this second generation of laparoscopy and hysteroscopy box trainers, virtual reality endoscopy simulator and endovascular equipment.

The Inovus laparoscopy equipment (pictured here and on the front page) has motion tracking software in the box trainer that will allow us to measure trainees technical performance. With an objective measure of the delegate's performance the ICENI Centre course leads can issue attainment certificates. Another great feature of this equipment is the ability for trainees to take a box away and practice in an environment that is convenient, whilst the data is remotely uploaded to the portal.

Acting lead clinical director, Greg Wynn, said: "Technical skills simulation has always been an incredibly important element of the training pathway for our clinicians, but previously had to be assessed by observing the learner as they worked. This equipment will allow us to measure performance much more objectively while also helping learners to map their own development and see how quickly they are progressing to the level required to venture into the operating theatre".

With the equipment in situ, the ICENI Centre faculty are building a comprehensive curriculum of courses, the first to commence in April (Covid restrictions permitting).

The ICENI Centre is now focusing on building an e-platform. The ICENI Channel will offer a unique, innovative, interactive and comprehensive curriculum of medical education/training courses, to support healthcare professionals locally, across the UK and globally.

With both F2F simulation hands-on skills training and e-learning courses, The ICENI Centre is set to become a Centre of Excellence for 'blended learning'.

The ICENI Centre was able to purchase the simulation equipment thanks to grants from Colchester & Ipswich Hospitals Charity, as well as the Dinwoodie Charitable Company, Colchester Catalyst Charity and Grassroots.

Course using the state of the art equipment in general surgery, colorectal, O&G, vascular, cardiology, radiology and nursing will be published on our website [www.icenicentre.org](http://www.icenicentre.org)

The ICENI International  
Training - Fellowship

General Medical Council



**EXCELLENT NEWS! - ESNEFT BECOMES A GMC SPONSOR**

East Suffolk and North Essex NHS Foundation Trust (ESNEFT) is officially a GMC Sponsor! This means that the ICENI Centre International Fellowship scheme is recognised by the GMC Registration Office.

Under the scheme, the Trust will support senior doctors applying to work/train in the UK as an ICENI fellow at both Colchester and Ipswich Hospitals. "This is a massive tribute to you in getting us to this stage!" the Trust Deputy Medical Director, Dr Martin Mansfield, said when congratulating the ICENI Centre for this initiative.

The Scheme is anticipated to offer up to 100 fellowship posts, across both sites, over the next 5 years.

As an approved GMC Sponsor, the Trust is qualified to certify our ICENI International fellowship applicants' medical qualification. Applicants from developing countries and/or currently working as a senior registrar in their specialty can submit our certificate instead of the PLAB certificate when they apply for the GMC Registration.

Read about the benefits an ICENI international fellowship post at ESNEFT can bring to your career from testimonials on page 6 and at <https://icenicentre.org/fellowship/>

For more details on how to apply for a post contact: amy.sinclair@esneft.nhs.uk

The ICENI Centre  
International  
Training Fellowship



Dr Shaikh (right) pictured with ICENI Fellowship Educational Supervisor, Consultant Vascular Surgeon, Mr Adam Howard

**SUCCESS! - VASCULAR SURGEON COMPLETES FELLOWSHIP TRAINING**

Dr Fareed Shaikh, the first ICENI Centre international fellow in vascular surgery completed the fellowship programme on 30<sup>th</sup> November 2020 and has now returned home safely to Bangladesh.

Fareed obtained his one-year training under the supervision of Mr Sohail Choksy, Consultant Vascular Surgeon at Colchester hospital. He praised the professional staff as well as the department's clinical procedures/practices: *"It was my first experience ever in the UK. It was excellent! Not only the clinical skills but also the communication, the audit and the MDT"*.

To read more of his testimonial, please visit: <https://icenicentre.org/fellowship/fellowship-testimonials/>

It appears good news spreads fast, as the ICENI Centre International Fellowship programme has already recruited a second vascular fellow, Dr Kareem Ismile from Egypt, to fill Dr Shaikh's place.

We wish Dr Ismale a happy and industrious time at the Trust.

ICENI Fellows  
Alumni



**ICENI Fellow Alumni - A Window to the WORLD!**

With time to reflect in 2020 we realised that 40 surgeons from across the globe have, to date, advanced their careers through a fellowship post at Colchester hospital - now part of the East Suffolk and North Essex Foundation Trust (ESNEFT).

With a *where are they now?* curiosity AND the opportunity to build on this unique group of professional doctors, we plan to launch the ICENI Fellow Alumni group.

The prestigious Alumni will bring together, as one community, healthcare professionals and provide a unique international professional link for doctors. The annual newsletter will enable members to take a trip down memory lane, through articles on the Trust's developments over the years and editorials on past Trust supervisors/colleagues. It will offer a chance to keep abreast of their peers' activities by learning of their current professional roles, research projects, the latest techniques/controversies in their clinical practice and more!

If you are a past fellow and would like to sign up for membership of the ICENI Fellow Alumni Group, please email Any Sinclair at [amy.sinclair@esneft.nhs.uk](mailto:amy.sinclair@esneft.nhs.uk)

## Online Training to Chinese Colleagues



The Chinese have a saying - *close friendship can never be broken by distance* and with this in mind, a positive spin on the traditional face to face training for our Chinese colleagues evolved over the last quarter of 2020!

Over 20 Chinese Consultants and 60 specialist registrars engaged in virtual training sessions that have been described as a 'fantastic' initiative. The live sessions between ICENI faculty and doctors from the General Hospital of Ningxia Medical University (GHNMU) were conducted over 3 months and included: difficult cases in orthopaedics, colorectal and cardiology together with presentations in hospital leadership, financial management and an HR overview.

The interactive 2 hourly e-learning opportunity enabled the Chinese doctors to proactively engage, in real time, with the ICENI faculty and professional staff from the East Suffolk and North Essex Foundation Trust (ESNEFT).

According to Li Yan, Director of International Cooperation & Exchange, GHNMU, the key to the programmes' success was the development of a close relationship, through direct conversations, between so many healthcare professionals and hospital staff that were in reality 5,000 miles apart! Our doctors were 'proactively asking questions and received an immediate response!' she said.

Orthopaedic Consultant, Tim Parratt agreed 'surgeons all over the world are more than happy to talk about cases'! So much so, that three more orthopaedic study sessions with GHNMU orthopaedic surgeons are booked in the diary for 2021!

The virtual world will never totally replace the advantages of face to face physical training in a clinical environment and plans are underway to increase our fellowship programme with GHNMU from April 2021 onwards.