



**East Suffolk and  
North Essex**  
NHS Foundation Trust

# The ICENI Centre

## **Applicant information pack**

**ICENI Centre International Fellowship in  
Glaucoma & Complex Cataract Surgery**

**EAST SUFFOLK AND NORTH EAST ESSEX FOUNDATION  
TRUST**

**Message from the Chief Executive**

Dear Colleague

Thank you for your interest in joining East Suffolk and North Essex Foundation Trust (ESNEFT).

ESNEFT is an exciting newly formed NHS organisation. The partnership of Colchester and Ipswich Hospital in 2018 has seen the formation the biggest acute hospital in East Anglia, providing general acute services to over 1 million people.

We would like you to help us provide excellent healthcare for the communities we serve in East Suffolk and North Essex. Our teams run services from eight sites in Colchester and Ipswich hospitals and in the community.

To be the best, we need to attract and keep the best staff. Our size puts us in a strong position to grow, providing more of the latest services. Our scale provides exciting opportunities for development, innovation, research, education and training. Support from technology and logistics will help us see patients at the right time.

We have a simple philosophy: time matters. Time matters for our patients, their families and our staff. By focusing on time, we remove unnecessary stress and frustration to give our patients a better experience and to make sure you have more time to care and make the most of your skills.

Yours sincerely,



Nick Hulme  
Chief Executive

# ICENI Centre International Fellowship in Adult Glaucoma, High-Volume Cataract Surgery, General & Emergency Ophthalmology

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Applications are invited for a full-time ICENI Centre International Fellowship with special interest in Glaucoma and Cataract surgery to join our dynamic team of 7 Consultants, 1 Associate Specialist, 3 Staff Grade Specialty Doctors, 1 Anterior Segment Fellow, 1 Retinal Fellow, and 2 Ophthalmic East Anglia Deanery Specialist Trainees, who are committed to providing the very highest standards of care.

This vacancy consists of 10 programmed activities, of which 7 provide direct clinical care, including 2 training operating theatre lists and 1 glaucoma YAG/SLT laser list. The successful candidate will be predominantly based at the Colchester General University Hospital with potential delivery of peripheral clinics at Ipswich and Clacton District Hospitals.

The successful applicant will be expected to provide support to the Glaucoma and Cataract service, and is expected to be capable of performing unsupervised cataract surgery. The Fellow will supervise our local Glaucoma Monitoring Service delivered by glaucoma-certified Optometrists, Nurses and Orthoptists. An emergency eye casualty and general ophthalmology commitment, as well as surgical competence in modern cataract surgery and exposure to all aspects of glaucoma surgery, including trabeculectomy and minimally invasive glaucoma surgery MIGS (in addition to desired but not essential glaucoma drainage devices / tubes surgery experience) and participation in 1:7 on-call weekdays and weekends is anticipated from this post. *Candidates may please note that this is a post specifically meant for high volume cataract surgery delivery and the development of the glaucoma monitoring service in the department and the community. Adequate training in modern Glaucoma Surgery will be offered.*

This state-of-the-art Colchester Eye Centre (previously Colchester Primary Care Centre) is located near the Colchester General University Hospital. There is a dedicated, purpose-built main Ophthalmology Clinic, with excellent nursing, optometry and orthoptic support and a dedicated Glaucoma Monitoring Unit. The current Glaucoma Consultants (Mr Chrys Dimitriou and Mr Hatch Mukherjee) provide all aspects of modern medical, laser and surgical therapy for glaucoma, including Selective Laser Trabeculoplasty with Ellex Tango, expanding MIGS (XEN45, iStent G2 inject, Kahook ab interno trabeculotomy), MSSS Trabeculectomy and Baerveldt Glaucoma Implant surgery. There is also a dedicated surgical pre-assessment and biometry unit, as well as dedicated post-operative Glaucoma Care Unit with all necessary equipment for post-MIGS, post-TRAB, and post-GDD clinical and slit-lamp interventional care. The Ophthalmic Day Care Unit is a dedicated purpose-built unit for the exclusive use of the eye department and hosts 2 Theatre Suites and a patient

ward area. There are 2 modern Alcon Centurion Phaco-machines and a Constellation vision system for vitreoretinal procedures. We have also recently acquired two brand new Leica Proveo 8 ophthalmic operating microscopes. Facilities for General Anaesthesia are available in the main theatres of the Colchester General University Hospital on both an elective and emergency basis.

The Glaucoma Unit holds an active Research Portfolio including the International Multi-Centre Study: "Allergan-1924-701-007, A Prospective, Multicenter Clinical Trial Designed to Evaluate the Safety and Effectiveness of the XEN45 Glaucoma Treatment System in Patients with Angle Closure Glaucoma", and the National IRAS-registered (223801) POEM Study: "Validation of a POEM (patient reported outcome and experience measure)" in collaboration with East Anglia Deanery and Eastern NIHR LCRN. Good Clinical Practice (GCP) certification is required for this post.

East Suffolk and North Essex NHS Foundation Trust is one of the largest NHS organisations in the country, employing over 10,000 staff and serving a population of almost 800,000 residents. By merging Colchester and Ipswich hospitals, we provide the latest treatments locally and are in a stronger position to save, grow and strengthen the many hospital and community services our residents rely on. Colchester General University Hospital is one of the biggest acute hospitals in East Anglia, providing general acute services to around 370,000 people living in North Essex and another 400,000 in East and South Suffolk.

Colchester offers all the advantages of urban living with easy access to the beautiful counties of Essex and Suffolk. Reasonable house prices, strategic location and an excellent choice of both state and private sector schools make this an ideal area for families. There are numerous villages within easy driving distance from the hospital for those who prefer a rural setting, including the world-renown Constable Country. Colchester is linked to Cambridge, Chelmsford, Ipswich, Norwich and all big towns and cities of the United Kingdom by dual carriageways. London is easily accessible by rail in less than an hour. London Stansted airport is just over half-an-hour drive away.

### **The Departments**

This is a busy and expanding department. A full Orthoptic and Optometric Service is provided in the dedicated Ophthalmology Outpatients Department on both sites, and the departments are fully equipped, with fluorescein angiography facilities, B-scan, PASCAL and YAG lasers. Day Case Cataract Surgery is well established, and the proportion of cases dealt with by the dedicated Ophthalmology Day Case Units on both sites is currently in excess of 90% and increasing. There are currently 14 consultants within the Department of Ophthalmology across the two sites. The consultants all sub-specialise. The Consultants are supported by a team of STs, Associate Specialists, Specialty Doctors, Clinical Fellows and GP Trainees as well as Nurse Practitioners.

## **Theatres**

Dedicated Ophthalmology theatre facilities are on both sites. In Ipswich we have the ODCU (Ophthalmic Day Care Unit). The two theatres have an ultraclean air system and ceiling mounted microscopes. One is fully equipped for vitreoretinal work. In Colchester we currently have two theatres within the Primary Care Centre as well as the Elmstead Day Unit on the Colchester Hospital Site.

## **Clinics**

There are dedicated, purpose-built Ophthalmology Clinics, with excellent nursing, optometry and orthoptic support. YAG and Retinal laser, fluorescein angiography and OCT facilities are available.

## **Education & training**

The appointee will have access to the Postgraduate Education Centre, which is housed in a modern purpose-built unit located centrally within the Trust's campus. The Medical Library is extremely well stocked and is staffed by a librarian and 2 assistants who are in regular attendance. The library is open 24 hours a day, and also provides access to the "Medline" computerised document retrieval system and on-line literature search facilities. There is an active programme of teaching, including hospital consultants, general practitioners and junior medical staff, and there is a modern, state-of-the-art skill room that also houses the regional temporal bone laboratory. Staff are actively encouraged to participate in issues relating to the operation and planning of patient services and are committed to ongoing Training and Development.

Trainees will have access to the following training opportunities:

- A wide exposure to modern MIGS / Glaucoma Surgery / Lasers.
- The opportunity for involvement in glaucoma research MCRCT (i.e. XPLORE / TRITON).
- Regular ESNEFT Audits (Trabs / Tubes / MIGS).
- Teaching medical students (UEA, Cambridge, Anglia Ruskin).
- Participation in a 1-in-7 on-call rotation (EWTD compliant).
- Generous support from Consultant Educational Supervisors.
- Publications in peer-reviewed journals

**Draft Job Plan:** The exact details of the job plan will be agreed with the successful candidate after their appointment

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M.	<p>SUB-SPECIALTY GLAUCOMA CLINICS (DIMXC)</p> <p>+ ANGLE CLOSURES + Master Gonioscopies + POST-OPS</p>	<p>GLAUCOMA LASERS (DIMLT)</p> <ul style="list-style-type: none"> <li>- SLT</li> <li>- ALPI</li> <li>- LPI (routine + emergency)</li> <li>- YAG</li> <li>- ARGON</li> <li>- Ad Hoc Retinopexy (NVG)</li> </ul>	<p>THEATRES</p> <p>ANGLE CLOSURE CATARACTS (Synechialysis – Gonioplasty – Hooks) TRABECULECTOMIES + MMC BAERVELDT / MOLTENO TUBES MIGS (XEN45 / ISTENT-G2W / KDB iTRACK / PreserFlo / PHACO-Plus) LASERS (MicroPulse / CycloDiode)</p>	<p>SUB-SPECIALTY GLAUCOMA CLINICS (MRA1G)</p> <p>+ POST-OPS</p>	<p>THEATRES</p> <p>ANGLE CLOSURE CATARACTS (Synechialysis – Gonioplasty – Hooks) TRABECULECTOMIES + MMC BAERVELDT / MOLTENO TUBES MIGS (XEN45 / ISTENT-G2W / KDB iTRACK / PreserFlo / PHACO-Plus) LASERS (MicroPulse / CycloDiode)</p>
Other MED Staff	<ul style="list-style-type: none"> <li>- 1) POST-CCST GLAUCOMA FELLOW</li> <li>- 2) GLAUCOMA SPECIALIST NURSES</li> <li>- 3) Junior ST?</li> </ul>	<ul style="list-style-type: none"> <li>- 1) POST-CCST GLAUCOMA FELLOW</li> <li>- 2) GLAUCOMA SPECIALIST NURSES</li> <li>- 3) Glaucoma Specialist Optometrist x 2</li> <li>- 4) MTI: Cornea &amp; Anterior Segment Sx.</li> <li>- 5) Junior ST?</li> </ul>	<ul style="list-style-type: none"> <li>1) POST-CCST GLAUCOMA FELLOW</li> <li>2) Space for 2 x Simultaneous Lists</li> </ul>	<ul style="list-style-type: none"> <li>- 1) STAFF GRADES</li> <li>- 2) GLAUCOMA SPECIALIST NURSES</li> <li>- 3) MTI: CORNEA &amp; Anterior Segment Surgery</li> </ul>	<ul style="list-style-type: none"> <li>- 1) MTI: Cornea &amp; Anterior Segment Sx.</li> </ul>
Cons E.S.	<b>MR CHRYS DIMITRIOU</b>	<b>MR CHRYSOSTOMOS DIMITRIOU</b>	<b>MR CHRYSOSTOMOS DIMITRIOU</b>	<b>MR MAHMOUD RADWAN</b>	<b>MR MAHMOUD RADWAN</b>
P.M.	<p>SUB-SPECIALTY GLAUCOMA CLINICS (DIMXC)</p> <p>+ ANGLE CLOSURES + Master Gonioscopies + POST-OPS</p>	<p>THEATRES</p> <p>ANGLE CLOSURE CATARACTS (Synechialysis – Gonioplasty – Hooks) TRABECULECTOMIES + MMC BAERVELDT / MOLTENO TUBES MIGS (XEN45 / ISTENT-G2W / KDB iTRACK / PreserFlo / PHACO-Plus) LASERS (MicroPulse / CycloDiode)</p>	<p>SUB-SPECIALTY GLAUCOMA CLINICS (MJE3G)</p> <p>+ GLAUCOMA in CORNEAL DISEASES (i.e. post-Grafts) + POST-OPS</p>	<p>STUDY</p> <p>GLAUCOMA RESEARCH (DIMGR)</p>	<p>TEACHING / PGMC</p> <p>CLINICAL GOVERNANCE</p> <p>REGIONAL STUDY DAYS</p>
Other MED Staff	<ul style="list-style-type: none"> <li>- 1) POST-CCST GLAUCOMA FELLOW</li> <li>- 2) GLAUCOMA SPECIALIST NURSES</li> <li>- 3) Junior ST?</li> </ul>	<ul style="list-style-type: none"> <li>- 1) MTI: Cornea &amp; Anterior Segment Sx.</li> </ul>	<ul style="list-style-type: none"> <li>- 1) CORNEAL &amp; GLAUCOMA FELLOW</li> <li>- 2) GLAUCOMA SPECIALIST NURSES</li> <li>- 3) Glaucoma Specialist Optometrist x 2</li> <li>- 4) Glaucoma Specialist ORTHOPTIST.</li> <li>- 5) Junior ST?</li> </ul>	<p>AUDITS</p>	<p>CONFERENCES / CONGRESSES</p>
Cons E.S.	<b>MR CHRYS DIMITRIOU</b>	<b>MR CHRYSOSTOMOS DIMITRIOU</b>	<b>MR ACHYUT (HATCH) MUKHERJEE</b>	PUBLICATIONS	SPEAKER AT GLAUCOMA MEETINGS

For departmental visits and Informal discussions, please contact Mr Chrys Dimitriou, Consultant Ophthalmic Surgeon and Glaucoma Lead, on tel.: 01206744614 or Mr Hatch Mukherjee, Consultant Ophthalmologist, Cornea, Refractive and Glaucoma Co-Lead, on tel.: 01206744433.